

2025 UMMAS FALL RETREAT

Sept 16 (4 PM) – Sept. 19 (11 AM) at Lake Junaluska Conference Center

FEES BELOW INCLUDE 3 NIGHTS LODGING, 8 MEALS, ALL WORKSHOPS AND KEYNOTE SPEAKERS

Name(s): _____

Street: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____ Email(s): _____



Children are warmly welcomed in all activities. Children are the sole responsibility of the guardian or parent. We do not offer childcare nor a children's program. Please provide the names & ages of children attending so we can make a name tag:



Do you need Special Accommodations? ___ Handicap Room ___ Walk-in Shower ___ Sm Refrigerator
___ King Size Bed ___ Room near an elevator

Sharing a room? Provide your roommate's name: _____

Retreat includes 3 nights lodging, 3 breakfasts, 2 lunches, 3 dinners, all events	Early Bird Registration By August 10th	Registration after August 10th	Deposit Due by 8/10 w/Registration Form Pay in Full by 8/25
___ Adult, double occupancy	\$565.00 each	\$590.00 each	\$285.00 (Bal- \$280)
___ Adult, single occupancy	\$710.00	\$735 .00	\$355.00 (Bal-\$355)
___ Youth ages 4-11 in parent's room	\$220.00	\$220.00	\$110 .00 (Bal-\$110)
___ Child ages 3 and under	\$100.00	\$100.00	\$50.00 (Bal-\$50)
___ Commuter 4-days (Tues 5 pm–Thurs 10pm)	\$265.00	\$265.00	n/a
___ Commuter Tues. -5 pm dinner & program	\$65.00	\$65.00	n/a
___ Commuter Wed. -lunch, dinner & programs	155.00	155.00	n/a
___ Commuter Thurs. -lunch, dinner & programs	\$90.00	\$90.00	n/a

- **Please note that the commuter rates DO NOT include breakfast.**

Diet: ___ Regular ___ Vegetarian ___ Vegan ___ Gluten Free ___ Sugar Free ___ Dairy Free

You will be issued a meal ticket which you will be asked to present at every meal.

You can bring food. There is a microwave on each floor.

Gratuity for the Wait Staff and Taxes are already included in these prices.

Smoking is prohibited in ALL indoor spaces. If this is violated, a \$300 cleaning fee will be charged to the individual. Alcohol is allowed only in your private hotel room.

Please note that this year, our retreat is at the beginning of their busy Fall season. Because of that, we can't guarantee a room or these prices once our block is used up so, please register early.

Ways to register:

1. **Register** online
2. **Print & Mail** this form with your check or credit card info.
3. **Email** this form with a credit card information to pennywerth@unityofchattanooga.org
4. **Phone:** Our registrar Penny Werth can answer your questions and also take your registration by phone. (423) 755-7990.

Make check payable to
UMMAS, and mail to:
UMMAS c/o Penny Werth
36 Mountain Cove RD
Signal Mountain TN 37377

IMPORTANT POLICIES: (Please note that these are Industry-wide retreat center financial policies)

- You must pay at least a 50% minimum deposit with your registration.
- Balance is due August 25. This is a strict deadline. You cannot pay the balance when you arrive.

CANCELLATIONS: WE HAVE TO PAY-IN-FULL TO LAKE JUNALUSKA ON AUGUST 30. If you cancel between Aug 12-Sept 5, you can get a refund less a \$50.00 cancellation fee. If you cancel after Friday, September 5th, Lake Junaluska will issue NO refunds.

CHECK IN begins at **4 pm** on Tuesday 9/16 at the **Betha Welcome Center**. If you arrive earlier, you are welcome to explore the grounds. If you arrive after 5 pm, you will need to check in at the front desk of the Lambuth Inn Hotel. Dinner will be served from 5:30 – 7 PM in the Lambuth Dining Hall.

Remember, you cannot check into your room before 4 pm.

PAY BY CHECK: Make check payable to UMMAS.

Check # _____ \$ _____ *Paying in full? UMMAS thanks you!*
If paying a deposit only, remember the balance must be paid by August 25th.

PAY with CREDIT/DEBIT CARD: (circle:) VISA / MC/ Discover/ Am Express

Amount: \$ _____ Card: # _____

Name on Card: _____

Exp. date ____ / ____ 3-digit Security Code on back: _____

Signature: _____

Love Offering: Every year our UMMAS Fall Retreats are filled with inspiring music, wonderful meditations, fabulous keynote speakers, stimulating workshops, plentiful food, renewing scenery, and joyous laughter with other like-minded people. Even though room rates and food prices have gone up, did you notice that the rates are still reasonable? This is due to the subsidy provided by the UMMAS minister organization treasury, which is replenished by your generous donations. Please consider a check or cash donation and drop it in when we pass the baskets during the Wednesday or Thursday night programs. Or donate at <https://ummas.org>

PLEASE BRING BOTTLED WATER OR YOUR FAVORITE DRINKS TO KEEP YOU HYDRATED!

Quiet hours are from 10 PM to 7 AM each day.

Lodging, all meals and all workshops and presentations will be held in the Historic Lambuth Inn.

The dining room is closed in-between meals so please bring bottled water to drink during the day.

Check out time at the Lambuth Hotel desk is 11:00 AM.

Breakfast will be the last meal served on Friday morning.